

The Rockport Beacon



August 2019 Newsletter

VISIT US ONLINE FUMCRockport.org

www.facebook.com/fumcrockport

Dear church,

Thank you so much for your gracious welcome into the community, and church family. Thank you for working so hard on the parsonage, it is amazing. Thank you for notes and gifts welcoming us, and for extending your hearts to us. Patty, Christine, Carol, and I have survived our first month in Rockport, and are enjoying being the new family in the neighborhood.

Things have settled down. The forest of boxes that once covered everything has been pushed to the sides of all the rooms, and cut down to knee level. And the office is starting to come together.

We have started a tradition of Bible study online, and daily prayer at 10:30am. If you can, please set your prayer alarm and pray with us for the growth of the church, and the renewal of our hearts in Christ.

The month of August is busy with preparations for going back to school. And for us, blessing students and school staff for the year ahead. Let's pray especially for children this month. Pray for God's protection over them, and that they will have the love of Christ as they go to school, so that they can be light and salt to their teachers and classmates. Let's make August be a Month of Blessing students. Spread the word! Aug 4, 11, and 18 we will be blessing folks going back to school.

If you are not going to school, but still want to get blessed, you can take a class with Pastor Frank. We will have Bible study on Wednesdays at 12pm. You are welcome to bring your lunch, but be ready to share.

Grace and Peace,

Frank



Back to School Blessings!

Sunday, August 4, 11, 18
8:00 a.m. & 10:30 a.m.

Students, Teachers, and Administrators are invited to come worship with us and receive a special blessing as you begin the 2019-2020 school year.

Do all the good you can.

We are praying for you!



Jesus Needs You!

What passions and gifts has God given YOU?

Would you like to help with the ministry of care?

We are recruiting people who would like to serve communion and visit with nursing home patients. This is such a blessing to those who cannot come to church and could not otherwise have communion. It's also a great gift to be remembered, and shown care. It shows them they are valued and loved.

Have you been trained in Stephen Ministry?

I would also love to have Stephen Ministers who are trained to minister to those grieving start functioning again. Please let Pastor Frank know if you are trained in Stephen Ministry and would like to start operating again.

Do you love books?

We are seeking a Library Crew who would like to unpack boxes and set up a rolling library. Please call Karen at the church office (361-729-1659) if you would like to help!

Thank you!

Pastor Frank

Important Dates

- August 3—Backpacks & Blue Jeans
- August 4—School blessing
- August 7—Men's Breakfast
- August 7—Choir Resumes
- August 7—Mid-Week Reflection
- August 11—School blessing
- August 12—Mobile Clinic
- August 13—Diabetic Support Group
- August 14—Mid-Week Reflection
- August 15—Caring Cards
- August 18—School blessing
- August 21—Anger Bible Study
- August 21—Mid-Week Reflection
- August 26—Mobile Clinic
- August 26—Stroke Scan
- August 28—Mid-Week Reflection

For full church calendar, see www.fumcrockport.org/calendar

Opportunities to Connect & Grow



Methodist Men's Breakfast

Wednesday, August 7, 7:00am
Rosita's Taqueria & Cafe

Come join us for fellowship and an inspirational message. All men are encouraged to come spend an hour with your brothers in Christ. Bring a friend. For information call Kevin Jamison at 361-229-9535.



Crazy Quilters

Wednesdays
10:30 a.m.—2:00 p.m.
Fellowship Hall Room 1

Join us for fellowship and making projects. All experience levels welcome. Many projects are made in service to others (i.e. nursing homes, military, children at Camp Aranzazu).

Chancel Choir Returns!

Wednesdays @ 7:00 pm
beginning August 7th!

Chancel Choir will begin rehearsing on August 7th at 7:00pm. Rehearsals will continue each Wednesday throughout the year.



Everyone is welcome!

Don't sing like a professional?
Don't read music?
Can't commit to making it every week?
Come anyway!

Join us for fellowship as we learn new music.

For more information, contact Paul Klemm
(361) 463-0712
music@fumcrookport.org

Nursing Home Visits

On our weekly Prayer Guide in the church bulletins, we list names and locations of those who are in nursing homes. **You are encouraged to go and visit those who are in the nursing homes.** They would love to see you!



Please also help us verify this information by submitting updates on your friendship card or calling the church office at 361-729-1659.

IT'S AUGUST AND I'M HOT AND ANGRY!!!



Join us for a one-time afternoon Bible study on anger.

Come learn what the Bible has to say about this "all too human" emotion. Open to everyone.

Led by Mary John Hoffman and Lynne Ruf.

Wednesday, August 21 @ 1:00 p.m.
Youth / Rec Room

Ice cream Sundaes will be served to cool you down!





Reflection

Mid-Week Reflection with Pastor Frank

begins August 7th

Wednesdays at 12:00pm (Banner Room)

Beginning in August, Pastor Frank invites you to join him for mid-week study and reflection. It will be a discussion-based Bible Study of the UMC lectionary text. Watch the church bulletins for weekly reflection questions.



Living Water Bible Study (Spanish)

Sundays at 6:00 p.m.
Fellowship Hall

Alfredo Gonzales leads a time of Bible Study and worship on Sunday evenings in Spanish.

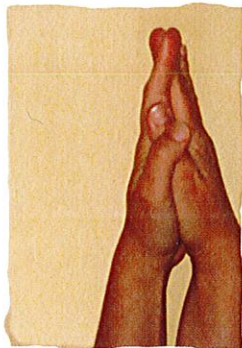
Grow in God's Word

Called to Pray

Prayer Team

Mondays @ 10:30 a.m. (Room 4)

Every Monday at 10:30 a.m., a dedicated group comes to the church to pray for prayer requests, church staff, ministries of the church, and the community. They meet in Room 4, otherwise known as the Banner Room. Please come if you would like to join this group in prayer. If you are unable to come in person, you are invited to pray from home or work or any place!



Invitation to Pray Daily

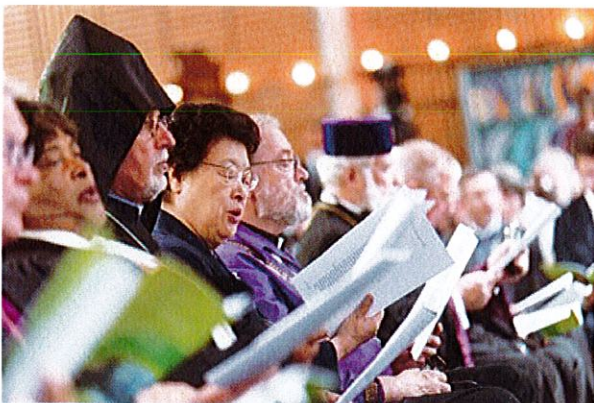
Pastor Frank has also invited everyone to continue this prayer routine throughout the rest of the week. Set an alarm for 10:30 a.m. (or whatever time works best for you), and take a few minutes to pray for the church, the community, your friends, and however else the Holy Spirit moves you.

Invitation to Pray for the World

The World Council of Churches invites us to pray for the Peaceful Reunification of the Korean Peninsula on **Sunday, August 11th**.

"Each year, Christians are invited to join in a prayer for peace and reunification of the Korean Peninsula. Prepared by the National Council of Churches in Korea and the Korean Christian Federation, the prayer is traditionally used on the Sunday before 15 August every year."

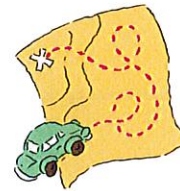
www.oikoumene.org/en/press-centre/news/wcc-invites-all-to-support-



Rev. Prof. Dr Sang Chang among other WCC Central Committee members during the prayer service in the chapel of the Ecumenical centre in Geneva. Photo: Albin Hillert/WCC

August 2019 "Words of Wellness" The Voice of Our Inner GPS

by Scott Stoner



Summer is a time when many of us spend more time in our cars as we head out on road trips, vacations, trips to the beach, or even long drives just for the fun of it. If you are like me, you have come to rely on navigational software when you drive, especially when headed to an unfamiliar destination. I realized just the other day that there are some valuable life lessons to be learned from my directional assistance software.

There are always multiple routes available. When I enter a destination, my software always gives me at least three options from which I can choose. I have learned that sometimes the most interesting routes are the longest ones, taking me by sites I would easily miss on the more direct, faster route. Regarding whatever short or long-term destination, we are seeking in our own lives, it's good to remember that there are always multiple ways of getting there and that often the less traveled routes are most rewarding.

Stay calm amid stress. A few weeks ago, I was driving in heavy traffic in the middle of a torrential rainstorm. It didn't matter how stressful the situation was, the voice of the woman who speaks to me through my software remained cool, calm, and collected. I would be wise to do the same when talking to myself or others amid stressful times.

Be kind to yourself when you've made a wrong turn. As I said, the voice of my directional assistance software is always calm. This especially impresses me when I make a series of wrong turns. I fully expect her to turn on me at some point with something like, "How many times do I have to tell you?" Again, I wish I could be so kind when I or others make wrong turns.

Recalculating is always possible. Speaking of wrong turns, my software never gives up on me when I miss a turn. Instead, it just calmly lets me know that it is recalculating and then gives me new directions based on where I am now located. Never once has my software said to me, "I have no idea how to help you now, and so I give up."

Learn to celebrate small achievements. It's a small thing, but I love it when my software sounds a little chime when I arrive at my destination. It's as if she is giving me a high five and saying, "Way to go, you made it!" It's a little thing of course, but it's also a reminder to regularly celebrate small achievements, both for ourselves and others.

So, here's to a few more road trips before summer is over, and here's to the many directional assistance software programs that assist us in more ways than one.

www.LivingCompass.com
Samaritan Family Wellness Foundation
500 W. Silver Spring Dr. K270, Glendale, WI 53217

Health Ministries

TEXAS A&M
AGRI LIFE
EXTENSION

COOKING WELL FOR HEALTHY BLOOD PRESSURE

A cooking school designed to help those concerned about high blood pressure and anyone who prepares meals for them.

A series of 3 interactive classes full of research-based information and healthy recipes.

All meetings are being held at the Aransas County Public Library
701 E Mimosa St, Rockport, TX 78382

August 21, 2019, 11:00-1:00

“DASHing Your way to Improved Health”

August 23, 2019, 11:00-1:00

“A Virtual Grocery Store Tour”

August 28, 2019, 11:00-1:00

“Cooking with Spices and Herbs”

Are you ready to explore the new flavors of heart-healthy meals?

Sign up today!

To register, email megan.glidden@ag.tamu.edu or call 361.790.0103

This presentation is made possible with Methodist Healthcare Ministries and Texas A&M Agrilife Extension- Aransas County



HEALTHY SOUTH TEXAS

Texas A&M Agrilife Extension is an equal opportunity employer and program provider.

Walkers:

Mon / Tues / Thurs*

8:25-9:00 a.m. 2 mile

9:00-9:30 a.m. – 1 mile

*Summer Schedule!

Walking class on Thursday mornings instead of Friday mornings



Diabetic Support Group

Tuesday August 13th, 10:00 a.m.

Youth / Rec Room

Will Almond, PhD, pharmacist from Rockport HEB will be joining us for support group this month. Bring your questions and concerns about medications. Hope to see you there. Call Kathy Wilson, Wesley Nurse at 361-729-1659 for any questions.



Stroke Scan Plus: Monday, August, 26 **EVERY 40 SECONDS, SOMEONE IN THE U.S. IS HAVING A STROKE!**

Stroke Scan Plus will be at **FUMC on Monday, August 26, 2019** to provide life-saving, wellness ultrasound screenings. It is important to perform preventive maintenance for ourselves yearly.

Do you have **high blood pressure** or **high cholesterol**, **diabetes**, or a family history of **heart disease**, **stroke**, **abdominal aneurysm** or **internal cancers**? If so, do not miss this opportunity for early detection of a possibly serious disease. These screenings are typically NOT performed at your annual check-up, and insurance companies may not pay for them unless you are symptomatic. Diagnostic versions of these screenings cost thousands of dollars in a hospital. **Stroke Scan Plus** will be offering them to you for **\$139** for all 7 combined ultrasound screenings (Stroke, AAA, AFIB & organs).

Insurance is NOT necessary and appointments are limited. Stroke Scan will be available at the church for you to register on **August 18, 2019** or please call 832-437-7355 or toll free 1-866-935-7226 to schedule an appointment today for you or a loved one. The screenings will take place in the Fellowship Hall.

Prevention is your key to quality health!

www.strokescan.com

Come see your Wesley Nurse today!

Kathy Wilson, RN, Wesley Nurse

361-729-1659

kwilson@mhm.org

www.fumcrockport.org/wesley-nurse

Children's Ministries

From the Director of First Learning Tree

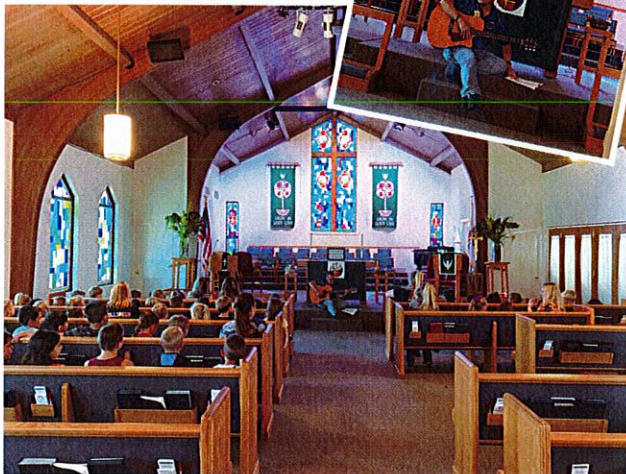
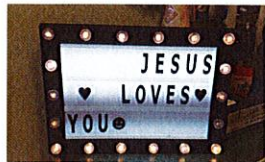
Over the past few years, topics of patriotism and Christianity in schools has become a "hot topic". Prayer has already been taken out of schools, and the question of honoring "The Pledge of Allegiance" has been raised. As I was going through our classroom activity pictures, I came across a picture that brought joy to my heart. At First Learning Tree we are proud to honor our flag. Our children are growing up with a love for their country.



Also, Pastor Frank offered to start chapel before our usual school calendar. Walking through the church, I witnessed a passionate pastor playing guitar and teaching our children about Jesus Christ. I am so proud to call this my work, and see our mission for our children spreading through our center. We hope our children will carry this with them the rest of their lives and spread it through their families and communities.

God bless,

Madaline Brown,
First Learning Tree Director



Pastor Frank began summer Chapel Time with First Learning Tree children on July 24th. Afterwards, he gave them the "Jesus Loves Me" lighted sign picture above to keep in the entryway at the school.

Growing Families in Christ

New Team Member

Please join the Child Care Staff in welcoming Shanda Bohannon to our team as a substitute. We are so blessed that she comes with a lot of experience in early childhood education. She was a pre-k, and kindergarten teacher before staying at home with her two children.



Shanda Bohannon

Seeking Music Toys

We have been adding many songs to our Sunday Lesson Plans for children in the nursery. We are looking for different music toys that children can utilize along with the children songs or music.

Children learn through music and motion. We want to spread God's word through them being actively involved!

Nursery Volunteers Needed

Do you love children? Would you be willing to spend some time with the little ones on occasional Sunday mornings?

When? Sunday mornings during worship, as often as you want!

What will I do? Sit with infants, talk to toddlers, and keep an eye on the little ones while staff teach the lesson to older children

What training do I need?

Background Check and Safe Gatherings training is required for all volunteers who work with children at FUMC Rockport. To complete these required steps, please visit <https://riotexas.org/safesteps>

I want to help! Who do I contact? Please see me (Sheree) in the nursery, leave a note in the childcare mailbox in the front office, or email me at shereefumc@yahoo.com.



Thank You!

Sheree Standefer, Childcare Director



Childcare Job Opening

FUMC Rockport is seeking Childcare ministry workers. Childcare positions: 4-6 hours/week evening hours and Sunday mornings, hourly position/compensation, working with infants to 10 years. Background Check and training required. Worker must exhibit skills in supervision of children, communication with parents and respectful nurture of a child in development. Apply online at www.fumcrokport.org/children.

Opportunities to Serve & Connect

IT'S GREAT TO MEET YOU!

Welcome Team

Did you know you have the power to make someone feel welcome in this place? The Welcome Team challenges you to sit next to someone you haven't met before, and make a new friend! Invite them for coffee... lunch... fishing?

If you would like to join the Welcome Team in their efforts to focus on the important ministry of welcoming new people to this church, please contact Debbie Chapman at 361-790-4162 or dcchapman52@gmail.com.

Volunteer at our Local Food Bank

Rockport-Fulton Good Samaritans
507 S Ann St, Rockport, TX
Mon-Wed-Fri 10:00 a.m. - 2:30 p.m.

Good Samaritans is open on Mondays, Wednesdays, and Fridays and is in need of volunteers, especially to help at the reception desk. Please call (361) 790-9828 if you are able to help. Good Samaritans is an organization established by volunteers, built by volunteers, and manned by volunteers. It has no employees. It exists to help citizens of *Aransas County*.



Help Out at Castaways Thrift Shop

The Castaways team of volunteers needs help on Thursdays sacking merchandise, picking up misplaced merchandise, rehanging clothes, boxing hangers and assisting customers. If you can help please call Annette at 790-6217. Any amount of time you can offer would be appreciated.

Be a Greeter - Mobile Health Clinic

Mondays, August 12 & 26
9 a.m.-12 p.m. and 1 p.m.-3:30p.m.



Volunteers are needed to be greeters for the patients of the mobile health clinic. Morning and afternoon shifts available. Welcome those visiting the mobile clinic,

get them a cup of coffee or water, or direct them to Prescription Assistance. Please contact Kathy Wilson, Wesley Nurse, if you would like to help out in this way. Thank you for your support of this important outreach ministry.



Prescription Assistance

The Prescription Assistance Program is open on Monday afternoons from 1:00—4:00 p.m. Volunteers give their time to work with individuals who need assistance with affording their medications. If you are interested in serving in this ministry, please come by one Monday afternoon or call the church office at 361-729-1659.

June 1 to June 30, 2019

Clients	21
New Clients	7
New Clients Unable to Help	3
Forms Filed	18
Volunteer Hours	55.5

Estimated Cash Value of Medications

Saved for Clients:



1 month supply \$ 6,759.00
X 3 months supply \$21,277.00

Serve at Community Table

Community Table serves a free meal on 2nd and 4th Tuesdays to anyone in our community who desires to come eat and fellowship together. Held at the First Presbyterian Church (301 Hwy 35 North), different churches rotate hosting these meals.

FUMC is signed up to host Community Table on:

- ◇ September 10th
- ◇ November 19th (Thanksgiving)
- ◇ December 17th (Christmas)

Volunteers are needed to cook, serve, clean tables, make tea and coffee, dishwashing, and clean up. Volunteers truly enjoy the blessing of serving the community together in this wonderful ministry. If you are interested in Community Table, please contact Kris Stumpf at 210-268-6855 or maxineroeger2@yahoo.com.

Please note: Food handler permits are now required for ALL volunteers.

You can find the link for Food Handler Permit information at www.fumcrokport.org/ministries

Glory Sightings

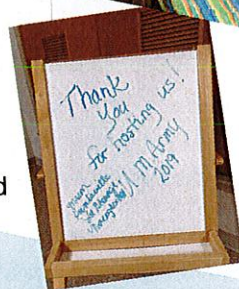
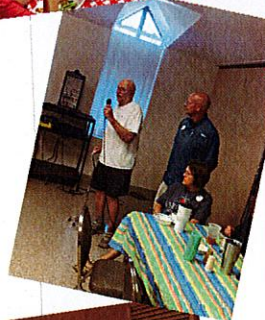
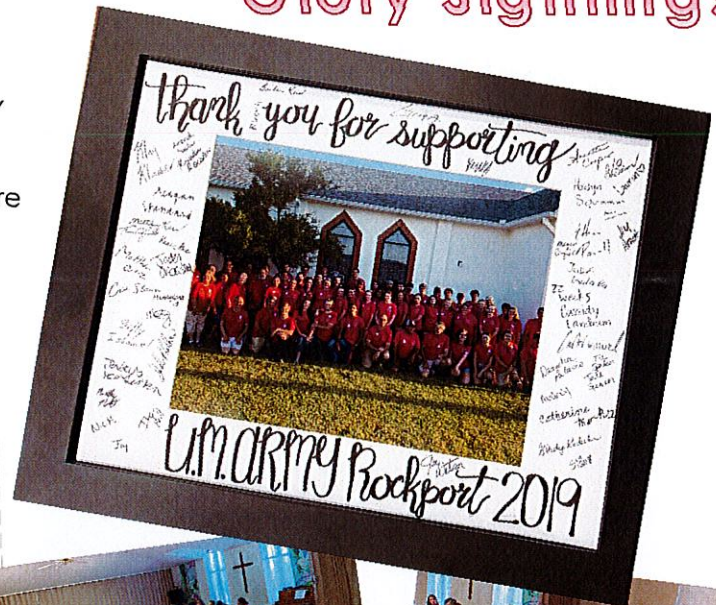


U.M. ARMY

The week of July 7-13, 2019 FUMC Rockport hosted a large U.M. ARMY group from La Grange, Mason, Nacadoches, and Huntsville. They helped a lot of people while they were here! Thank you, UM ARMY!!!

U.M. ARMY Rockport 2019 Sites Coordinator Report

- ⇒ 62 Camp participants
 - ⇒ 11 sites completed
 - ⇒ \$4000 in materials purchased
 - ⇒ \$2950 food and camp supplies
 - ⇒ 30 cu yds of trash removed
 - ⇒ 3,000 pounds of materials:
 - 56 gallons of paint (11,200 sq ft = goal line to 25 yd line)
 - 128 sq ft of siding
 - 120 sq ft of new sheetrock
 - 2752 sq ft of tape and float
 - 26 sq ft of sheet metal roofing
 - ⇒ 1800 volunteer hours worked by work teams
 - ⇒ At \$15/hr value UMArmy contributed \$27,000 in service to the community of Rockport
 - ⇒ 1224 volunteer hours worked by base camp staff
 - ⇒ At \$15/hr value would have cost \$18,360 for camp operation
- 11 work sites completed by UMArmy Rockport 2019:
- ⇒ Tape and float sheetrock throughout a house
 - ⇒ Install sheetrock ceiling in a kitchen and tape and float and paint
 - ⇒ Lay insulation in an attic
 - ⇒ Install plywood subfloor and lay floor finish tiles
 - ⇒ Build a pumphouse
 - ⇒ Stain a stairway and deck
 - ⇒ Remove temporary wiring and piping from the yard of a rebuilt home
 - ⇒ Demolish a small apartment building in a back yard
 - ⇒ Paint the exterior walls and trim on a whole house
 - ⇒ Repair the soffit and fascia on a house and repaint all the trim
 - ⇒ Removed tree stumps
 - ⇒ Did lots of tree trimming and yard work



About U.M. ARMY

"U.M. ARMY is an acronym which stands for United Methodist Action Reach-Out Mission by Youth. U.M. ARMY's mission is: 'To provide Christ-centered missions that serve people in need and promote spiritual growth and leadership development in youth and young adults.'

U.M. ARMY mission programs are an opportunity for youth, young adults and adult leaders to experience Christian growth through mission, worship and fellowship. Individual participants and church groups combine their strengths with those of other groups to meet home repair and maintenance needs of those unable to help themselves."

Learn more about U.M. Army and how you can support their mission at www.umarmy.org.



Special Celebrations this Month

- | | | | |
|--------|-------------------------|--------|------------------|
| 1-Aug | Karen Lee Rystad | | |
| 2-Aug | Virginia Felts | | |
| 3-Aug | Danny Hale | 29-Aug | Beth Constantino |
| 4-Aug | Judith Goodner | 29-Aug | Joe Wilson |
| 6-Aug | Julie McKain | 30-Aug | Dan Daniels |
| 7-Aug | Chester Barre | 30-Aug | Logan Simmons |
| 7-Aug | Summer Barre | 31-Aug | Bob Ruf |
| 9-Aug | Ramona Day | 31-Aug | Sue Weir |
| 12-Aug | Richard Butler | 31-Aug | Boden Klanica |
| 13-Aug | Herb Sutter | | |
| 13-Aug | Josie Tucker | | |
| 14-Aug | Stash Taylor | | |
| 15-Aug | Donette Street | | |
| 16-Aug | DeAnna Laughlin | | |
| 17-Aug | Vicki Carlile | | |
| 18-Aug | Evan Hamilton | | |
| 18-Aug | Barbara Klemm | | |
| 19-Aug | Monica Franklin Manwell | | |
| 21-Aug | Liam Simmons | | |
| 21-Aug | Gail Baker | | |
| 22-Aug | Lois Ilse | | |
| 24-Aug | Byron Hooper | | |
| 26-Aug | Jaby Tarkington | | |
| 27-Aug | Jason Brou | | |
| 27-Aug | Marguerite Naiser | | |
| 28-Aug | Steve Dyke | | |
| 29-Aug | Judy Brown | | |

Ministry Highlight

Did You Know?

There is group of ladies who gathers each month to create lovely handmade cards. These cards are then used to send thoughtful birthday and anniversary cards to people in our church each month! If you wondered where that beautiful card came from, now you know! If this sounds like fun to you, you are invited to join in the fun!

Caring Cards

Thursday, August 15
1:00 p.m. (Rec Rm)

Creative scrapbookers or anyone who wants to join in making greeting cards is invited to join us. We have a lot of fun! For information please call Lynne Ruf at 361-816-5912.



- | | |
|--------|---------------------------|
| 2-Aug | Chuck & Marguerite Naiser |
| 3-Aug | Christine & Jason Brou |
| 8-Aug | Christine & Brian Degner |
| 11-Aug | Web & Marion Halvorsen |
| 13-Aug | Susan & Kevin Jamison |
| 17-Aug | Judith & Kenneth Goodner |
| 17-Aug | Judy & John Rainey |
| 18-Aug | Kevin & Shawn Carruth |
| 24-Aug | Mike & Lauren Nowotny |
| 25-Aug | Georgia & Clyde Townsend |
| 26-Aug | Valerie & Art Smith |
| 30-Aug | Jay & Jana Tarkington |



A Publication of the First United Methodist Church of Rockport

The Rockport Beacon

"Let Your Light So Shine..." Matthew 5:16

Mission Statement
*Growing Families in Christ
through Nurture, Outreach, and Witness.*

RETURN SERVICE REQUESTED

Back to School Blessings!

Sunday, August 4, 11, 18
8:00 a.m. & 10:30 a.m.

*Students, Teachers, and Administrators are invited
to come worship with us and receive a special
blessing as you begin the 2019-2020 school year.*

Aug 12—Sacred Heart begins school

Aug 14—ACISD begins school

Do all the good you can.

We are praying for you!



FIRST UNITED METHODIST CHURCH
P.O. BOX 1045
801 EAST MAIN
ROCKPORT, TEXAS 78381-1045
(361) 729-1659
www.fumcrokport.org



Open hearts. Open minds. Open doors.

The people of The United Methodist Church™